

Dinner Menu Week 3

15-21 May 2022

	15	16	17	18	19	20	21
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Special Food	Chicken yakisoba	Ramen noodles soup	BBQ. beef & chicken skewer	3 kinds sushi	BBQ. pork spare ribs	Chicken with red sauce	Pizza toast
Asian Food	Fried porkball	Stir fried beef with oyster sauce	Chicken in soy sauce	Bread fish chips	Squid in spicy lime sauce	Grilled pork spicy salad	Caramelized porkball
Vegan Food	Stir fried tofu with pepper & bell pepper	Salad roll	Deep Fried Tofu with Gravy Sauce	Thai stewed tofu	Stir fried tofu with Thai celery	Fried eggplant dried curry	Fried rice with vegetable
Vegetarian Food	Baked spaghetti with cheese	Spinach cream sauce	Baked zucchini with cheese	Butter boiled vegetables	Boiled corn on the cop	Grilled pumpkin with tomato sauce	Parmesan broccoli
Gluten Free Food (Asian)	Stir fried eringii mushroom	Four kinds vegetables in Chinese gravy sauce	Stir fried pumpkin with egg	Sauteed bell peppers	Fried Carrot Corn	Stir-fried broccoli	Stir-fried Asparagus
Gluten Free Food (Western)	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast
Pasta	Pasta with beef bolognese	Pasta with tomato sauce	Pasta with bacon & garlic	Pasta with sausage & garlic	Pasta with tomato sauce	Pasta with tuna & garlic	Pasta with chickenball tomato sauce
Everyday Items	Various salads Fresh cut fruit	Various salads Fresh cut fruit	Various salads Fresh cut fruit	Various salads Fresh cut fruit	Various salads Fresh cut fruit	Various salads Fresh cut fruit	Various salads Fresh cut fruit
	Steamed rice Potatoes Bread	Steamed rice Potatoes Bread	Steamed rice Potatoes Bread	Steamed rice Potatoes Bread	Steamed rice Potatoes Bread	Steamed rice Potatoes Bread	Steamed rice Potatoes Bread

Menu changed may be appropriate