

## Lunch Menu Week 2

8-14 May, 2022

	8	9	10	11	12	13	14
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Special Food	Korean roasted beef	Teriyaki grilled fish	Hainan style chicken with rice	Pork tonkatsu	Noodles with pork in gravy sauce	Chicken & pork hot dog	Braised chicken noodles soup
Asian food	Fried fish with garlic	Thai stewed pork & tofu	Hot & sour curry with shrimp	Chicken massaman curry	Stir fried chicken with curry paste	pork ribs & pickled clear soup	Thai chicken stuffed omelette
	Fish tofu & vegetables clear soup	Stir fried chicken with basil	Stir fried zucchini with eggs	Sweet & sour sauce fried with fish balls	Fish in soy sauce	Chicken panang curry	Stir fried pork with cabbage
Vegan Food	Fruit coconut curry	Stir fried tofu & baby corn with basil	Mixed vegetable & tofu coconut curry	Chana masala	Fried eggplant dried curry	Tofu Indian curry	Tofu massaman curry
Gluten Free Food (Asian)	Stir fried mixed vegetable	Stir fried cabbage with egg	Stir fried broccoli	Stir fried glass noodle with egg	Stir fried mixed vegetable	Stir fried spring onion	Stir fried sprout vegetable
Gluten Free Food (Western)	Paprika chicken	Beef stew	Pork with gravy sauce	Fish with butter Sauce	Chicken with pizza Sauce	Macaroni & cheese	BBQ. fish
Pasta	Pasta & tomato sauce	Pasta & chicken alfredo sauce	Pasta & beef bolognese sauce	Pasta & tomato sauce	Pasta & carbonara sauce	Pasta & tomato-black olives sauce	Pasta & pesto sauce
Salad	Various salads	Various salads	Various salads	Various salads	Various salads	Various salads	Various salads
Dessert	Fresh cut fruit	Bakery Fresh cut fruit	Fruit juice drink Milk Fresh cut fruit	Yoghurt Fresh cut fruit	Thai dessert Fresh cut fruit	Assorted ice cream Fresh cut fruit	Fresh cut fruit
Everyday Items	Assorted breads Steamed rice Boiled vegetables Potatoes	Assorted breads Steamed rice Boiled vegetables Potatoes	Assorted breads, Steamed rice, Beans with tomato sauce & Potatoes	Assorted breads Steamed rice Boiled vegetables Potatoes	Assorted breads, Steamed rice, Eggplant with tomato sauce & Potatoes	Assorted breads Steamed rice Boiled vegetables Potatoes	Assorted breads Steamed rice Boiled vegetables Potatoes

*\*Menu changed may be appropriate\**