

Lunch Menu for Little Ducks, Nursery, Reception, Y1-2

Week 2

7-11 November 2022

	7	8	9	10	11
	Monday	Tuesday	Wednesday	Thursday	Friday
Western Dish	Pizza sauce fried beef	Chicken stew	Ham cheese sandwiches	Tomato sauce	Beef stew hungarian
Asian Dish	Fish ball & vegetable clear soup	Prawn cake bomb	Stir fried fish tofu with garlic	Fried chicken	Deep fried chicken roll
Rice/Potato	Fried rice with egg	Steamed rice	Steamed rice	Sticky rice	Steamed rice
Pasta	Plain pasta	Plain pasta	Pasta with tomato sauce	Plain pasta	Pasta with tomato sauce
Vegetable	Bean in tomato sauce	Parmesan cauliflower	Butter fried 3 colour vegetable	Stir fried bean sprout	Stir fried cucumber with egg
Dessert	Bakery (only year 1,2)	Fruit salad (only year 1,2)	Fruit yoghurt	Fruit salad (only year 1,2)	Assorted ice cream

Menu changed may be appropriate