

Lunch Menu for Little Ducks, Nursery, Reception, Y1-2

Week 4

21-25 November 2022

	21	22	23	24	25
	Monday	Tuesday	Wednesday	Thursday	Friday
Western Dish	Chicken stew	Grilled chicken	Beef stew hungarian	Tomato sauce	Chicken ham & cheese sandwich
Asian Dish	Deep fried chicken roll	Fish tofu & vegetable clear soup	Prawn cake bomb	Deep fried chicken	Stir fried fish tofu with carrot
Rice/Noodles/Potato	Steamed rice	Jade noodles	Fried rice with egg	Sticky rice	Steamed rice
Pasta	Plain pasta	Pasta with tomato sauce	Plain pasta	Plain pasta	Pasta with tomato sauce
Vegetable	Butter fried carrot	Stir fried bog choy with egg	Bean in tomato sauce	Stir fried bean sprout	Parmesan cauliflower
Dessert	Bakery (only year 1,2)	Fruit salad (only year 1,2)	Fruit yoghurt	Fruit salad (only year 1,2)	Assorted ice cream

Menu changed may be appropriate