

Dinner Menu Week 1

1-4 March 2023

		1	2	3	4
		Wednesday	Thursday	Friday	Saturday
Special Food		Made to order food	Beef lasagna	Pad Thai with shrimp & chicken	Margherita pizza
Asian Food		Sausage with red sauce	Stir fried seafood with yellow powder	Steamed fishball & spicy dipping sauce	Deep fried chickenball
Vegetarian Food		Butter fried bell pepper	Seaweed clear soup	Zucchini with tomato sauce	Butter fried carrots
Gluten Free Food (Asian)		Stir fried Taiwan vegetable	Stir fried babaycorn	Stir fried Chinese cabbage	Stir fried broccoli
Gluten Free Food (Western)		Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast
Pasta		Pasta with beef bolognese	Pasta with tomato sauce	Pasta with bacon & chili	Pasta with tomato sauce
Everyday Items		Various salads Fresh cut fruit	Various salads Fresh cut fruit	Various salads Fresh cut fruit	Various salads Fresh cut fruit
		Fried rice Potatoes Bread	Steamed rice Potatoes Bread	Steamed rice Potatoes Bread	Steamed rice Potatoes Bread

^{*}Menu changed may be appropriate*