

Dinner Menu Week 2

5-11 March 2023

	5	6	7	8	9	10	11
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Special Food	Tortilla & chicken Indian curry	Made to order (pork, chicken, beef, shrimp & vegetable)	Chicken quesadillas	3 kinds sushi	Pasta with 2 sauces	Yellow noodles & duck	Beef steak with onion gravy sauce
Asian Food	Stir fried seafood with onion	Stir fried mussels with chili paste	Fried egg in tamarind sauce	Chicken nuggets	Stir fried squid with yellow powder	Spicy pork salad	Fried chickenball
Vegetarian Food	Cheese tomato	Onion ring	Beans in tomato sauce	Butter boiled vegetables	Boiled corn on the cop	Grilled pumpkin with tomato sauce	Butter fried broccoli
Gluten Free Food (Asian)	Stir fried eringii mushroom	4 kinds vegetables in Chinese gravy sauce	Stir fried pumpkin with egg	Sauteed bell peppers	Stir fried babycorn	Stir fried broccoli	Stir fried asparagus
Gluten Free Food (Western)	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast
Pasta	Pasta with beef bolognese	Pasta with tomato sauce	Pasta with bacon & chili	Pasta with tuna & black pepper	-	Pasta with sausage & garlic	Pasta with tomato sauce
Everyday Items	Various salads Fresh cut fruit	Various salads Fresh cut fruit	Various salads Fresh cut fruit	Various salads Fresh cut fruit	Various salads Fresh cut fruit	Various salads Fresh cut fruit	Various salads Fresh cut fruit
	Steamed rice Potatoes Bread	Steamed rice Potatoes Bread	Steamed rice Potatoes Bread	Steamed rice Potatoes Bread	Steamed rice Potatoes Bread	Steamed rice Potatoes Bread	Steamed rice Potatoes Bread

Menu changed may be appropriate