

## Lunch Menu for Little Ducks, Nursery, Reception, Y1-2

### Week 2

6-10 March 2023

	6	7	8	9	10
	Monday	Tuesday	Wednesday	Thursday	Friday
Western Dish	Pizza sauce fried beef	Chicken stew	Ham cheese sandwiches	Tomato sauce	Beef stew
Asian Dish	Stir fried fish tofu with garlic	Deep fried fish	Fish ball & vegetables clear soup	Deep fried chicken	Deep fried chicken roll
Rice/Potato	Fried rice with egg	Steamed rice	Steamed rice	Sticky rice	Steamed rice
Pasta	Plain pasta	Plain pasta	Pasta with tomato sauce	Plain pasta	Plain pasta
Vegetable	Bean in tomato sauce	Parmesan cauliflower	Butter fried 3 colour vegetable	Stir fried bean sprout	Stir fried cucumber with egg
Dessert	Bakery (only year 1,2)	Fruit salad (only year 1,2)	Fruit yoghurt	Fruit salad (only year 1,2)	Assorted ice cream

*\*Menu changed may be appropriate\**