

Lunch Menu for Little Ducks, Nursery, Reception, Y1-2

Week 3

13-17 March 2023

| | 13 | 14 | 15 | 16 | 17 |
|--------------|-------------------------------|------------------------------------|------------------------------------|----------------------------------|---------------------------|
| | Monday | Tuesday | Wednesday | Thursday | Friday |
| Western Dish | Beef bolognese sauce | Mushroom & chicken ham cream sauce | Minced beef in tomato sauce | Ham cheese pizza | Chicken in BBQ. sauce |
| Asian Dish | Thai stew chicken & fish tofu | Fish nugget | Teriyaki chicken | Fish tofu & vegetable clear soup | Thai omelette |
| Rice/Potato | Mashed potato | Steamed rice | Fried rice with egg & tomato sauce | Steamed rice | Steamed rice |
| Pasta | Plain pasta | Plain pasta | Plain pasta | Pasta with egg & tomato sauce | Plain pasta |
| Vegetable | Corn with butter | Stir fried morning glory | Butter fried broccoli | Butter fried 3 colour vegetable | Baked spinach with cheese |
| Dessert | Bakery (only year 1,2) | Fruit salad (only year 1,2) | Fruit yoghurt | Fruit salad (only year 1,2) | Assorted ice cream |

Menu changed may be appropriate