

Lunch Menu for Little Ducks, Nursery, Reception, Y1-2

Week 5

27-31 March 2023

| | 27 | 28 | 29 | 30 | 31 |
|--------------|-------------------------------|-----------------------------|--------------------------|---------------------------------|--------------------|
| | Monday | Tuesday | Wednesday | Thursday | Friday |
| Western Dish | Beef bolognese sauce | Tomato sauce | Chicken in BBQ. sauce | Ham cheese pizza | Minced beef stew |
| Asian Dish | Thai stew chicken & fish tofu | Fish nugget | Thai omelette | Teriyaki chicken | Miso soup |
| Rice/Potato | Steamed rice | Steamed rice | Fried rice with egg | Steamed rice | Steamed rice |
| Pasta | Plain pasta | Plain pasta | Plain pasta | Pasta with tomato sauce | Plain pasta |
| Vegetable | Baked spinach with cheese | Parmesan tomato | Stir fried morning glory | Butter fried 3 colour vegetable | Corn with butter |
| Dessert | Bakery (only year 1,2) | Fruit salad (only year 1,2) | Fruit yoghurt | Fruit salad (only year 1,2) | Assorted ice cream |

Menu changed may be appropriate