

## Lunch Menu Week 5

26-28 March 2023

	26	27	28	29	30	31	
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	
<b>Special Food</b>	Ham cheese sandwich	Beef nachos	BBQ. pork noodles soup	Pork & chicken hot dog	Fried chicken with sticky rice	Beef steak with onion gravy sauce	
<b>Asian food</b>	Deep fried chicken roll	Hot & sour curry with accacia leave omelette	Stir fried chicken with basil	Chicken panang curry	Dried fish with curry sauce	Pork & eggplant curry with coconut milk	
	Fish tofu & glass noodles clear soup	Fried salt pork	Fish tofu clear soup	Fried salt pork	Sweet pork	Sweet & sour fried with fish balls	
<b>Vegan Food</b>	Tofu panang curry	Tofu Indian curry	Mixed vegetable & tofu curry with coconut milk	Tofu Indian curry	Mixed vegetable & tofu curry with coconut milk	Stir fried eggplant with basil	
<b>Gluten Free Food (Asian)</b>	Stir fried baby corn	Stir fried kale & mushroom	Stir fried Chinese cabbage with egg	Stir fried kale & mushroom	Stir fried mixed vegetable	Stir fried cabbage	
<b>Gluten Free Food (Western)</b>	Chicken with butter sauce	Fish with tomato salsa	Beef stew	Fish with tomato salsa	Chicken with gravy sauce	Fish with BBQ. sauce	
<b>Pasta</b>	Pasta & tomato sauce	Pasta & cabonara sauce	Pasta & pesto sauce	Pasta & chicken alfredo sauce	Pasta & beef bolognese sauce	Pasta & tomato sauce	
<b>Salad</b>	Various salads	Various salads	Various salads	Various salads	Various salads	Various salads	
<b>Dessert</b>	Fresh cut fruit	Bakery Fresh cut fruit	Fruit juice Milk drink Fresh cut fruit	Yoghurt Fresh cut fruit	Thai dessert Fresh cut fruit	Assorted ice cream Fresh cut fruit	
<b>Everyday Items</b>	Assorted breads Steamed rice Boiled vegetables Potatoes	Assorted breads Steamed rice Boiled vegetables Potatoes	Assorted breads, Steamed rice, Green peas with tomato sauce & Potatoes	Assorted breads Steamed rice Boiled vegetables Potatoes	Assorted breads Steamed rice Beans in tomato sauce & Potatoes	Assorted breads Steamed rice Boiled vegetables Potatoes	

\*Menu changed may be appropriate\*