

Dinner Menu Week 3

10-16 September 2023

	10	11	12	13	14	15	16
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Special Food	Thai Omelet	Fried Chicken with Sticky Rice	Pork Chop Steak	Khanom Jeen with Red Curry Clear Soup/Green Curry	American Fried Rice	Chicken Tikka Masala	Nachos Meat Sauce
Asian Food	Stir Fried Pork with Black Pepper	Pork Curry with Eggplant	Spicy Mince Pork Salad	Garlic Fried Fish	Stir Fried Mussels with Basil	Fried Fish with Tamrind Sauce	Dried Suki with Seafood
Vegetarian Food	Tom Yum Vegetarian Mushroom Soup	Stir Fried Tofu with Pepper and Bell Pepper	Deep Fried Corn Cake	Vegetarian Green Curry	Salad Roll	Vegetable Curry	Stir Fried Tofu with Garlic
Gluten Free Food (Asian)	Stir Fried Cauliflower with Carrots	Four Kind of Vegetables in Chinese Gravy Sauce	Stir Fried Chinese Cabbage	Kale with Shitake Mushroom	Stir Fried Broccoli and Carrots	Stir Fried Corn and Carrot	Stir Fried Green Peas
Gluten Free Food (Western)	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast
Pasta	Tomato sauce	Beef Bolognese	Tomato sauce	Macaroni with tomato sauce	Tomato sauce	Tuna Pasta with Garlic and Pepper	Tomato sauce
Everyday Items	Various salads Fresh cut fruit	Various salads Fresh cut fruit	Various salads Fresh cut fruit	Various salads Fresh cut fruit	Various salads Fresh cut fruit	Various salads Fresh cut fruit	Various salads Fresh cut fruit
	Steamed rice Potatoes Bread	Steamed rice Potatoes Bread	Steamed rice Potatoes Bread	Steamed rice Potatoes Bread	Steamed rice Potatoes Bread	Steamed rice Potatoes Bread	Steamed rice Potatoes Bread

Menu changed may be appropriate