

## Dinner Menu Week 5

24-30 September 2023

	24	25	26	27	28	29	30
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Special Food	Crab Fried Rice/Fried Egg	Udon Noodles Sliced Chicken/Pork/ Meatball	Grilled Seabass with Lemon Butter Sauce	Sushi 3Kinds with Condiments	Beef/Chicken Burger	Roasted Duck with Rice	Tandoori Chicken
Asian Food	Seafood TomYam creamy Soup	Squid Chili Paste with Basil	Fried Chicken in red sauce	Flavorful Chicken	Spicy Minced Chicken Salad	Stir Fried Chili Paste with Seafood	Caramelized Porkball
Vegetarian Food	Mixed Vegetable Curry and Tofu	Yellow Fruit Curry with Tofu	Stir fried Tofu with Chili	Panang Fried Eggplant	Indian Curry with Vegetable	Tom Yum Vegetarian Mushroom Soup	Yellow Fruit Curry with Tofu
Gluten Free Food (Asian)	Stir fried cauliflower & carrot	Stir fried eringii mushroom	Stir fried morning glory with soybean	Four Kind of Vegetables in Chinese Gravy Sauce	Stir Fried Cabbage with Oyster Sauce	Kale with Shitake Mushroom	Stir Fried Broccoli and Carrots
Gluten Free Food (Western)	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast
Pasta	Fettucine with Garlic and chili with Chicken Sausage	Macaroni with tomato sauce	Pasta Tomato Sauce	Pasta Beef bolognese	Pasta Tomato Sauce	Macaroni with tomato sauce	Pasta Tomato Sauce
Everyday Items	Various salads Fresh cut fruit	Various salads Fresh cut fruit	Various salads Fresh cut fruit	Various salads Fresh cut fruit	Various salads Fresh cut fruit	Various salads Fresh cut fruit	Various salads Fresh cut fruit
	Steamed rice Potatoes Bread	Steamed rice Potatoes Bread	Steamed rice Potatoes Bread	Steamed rice Potatoes Bread	Steamed rice Potatoes Bread	Steamed rice Potatoes Bread	Steamed rice Potatoes Bread

*\*Menu changed may be appropriate\**