

## Lunch Menu Week 2

3-9 September 2023

	3	4	5	6	7	8	9
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Special Food</b>	Bake Cheese Bacon Friche Rice	Korean Fried Chicken	Pork Leg with with Rice	Beef/Chicken Burger	Steamed Rice with Chicken/BBQ Pork	German Pork Knuckle with Onion Gravy	Fried Chicken Wings with Sticky Rice
<b>Asian food</b>	Chicken Fried Cho	Accacia Leave Omelet in Sour Spicy Soup	Crispy Fish with Lemongrass Sauce	Boiled Pickled Pork Ribs	Stir Fried Basil with Chicken	Chicken Massaman Curry	Green Curry with Chicken
	Hot and Sour Fish Soup	Sorthern Styed Pork Stew	Stir Fried Minced Chicken with Chili	Chicken Panang Curry	Mushroom clear Soup with Minced Pork	Tom Yum Goong	Steamed Fish in Soy Sauce
<b>Vegan Food</b>	Tofu Panang Curry	Indian Curry with White Tofu	Mixed Vegetable Curry and Tofu	Stir Fried Eggplant with Basil Tofu	Chana Masala	Yellow Fruit Curry	Tom Yum Soup with Mushrooms and Tofu
<b>Gluten Free Food (Asian)</b>	Stir Fried Corn and Carrot	Chinese Kale with Shitake Mushroom	Stir Fried Cantonese with Egg	Stir Fried White Cabbage	Stir Fried Pumpkin with Egg	Stir fried Mixed Vegetable	Stir Fried Cauliflower with Carrots
<b>Gluten Free Food (Western)</b>	Grilled Chicken Drumstick with Paprika	Grilled Chicken with Gravy Sauce	Beef Stewed	Grilled Fish with BBQ Sauce	Grilled Chicken with Lemon Butter Sauce	Grilled Fish with Tomato Salsa	Beef Stewed
<b>Pasta</b>	Macaroni Tomato Sauce	Fettucine Cabonara	Spaghetti Pesto Sauce	Gnoccghi Tomato Sauce	FarFalle Beef bolognese	Linguine Cabonara	Penne Tomato Sauce
<b>Salad</b>	Various salads	Various salads	Various salads	Various salads	Various salads	Various salads	Various salads
<b>Dessert</b>	Fresh cut fruit	Bakery Fresh cut fruit	Fruit juice drink Fresh cut fruit	Yoghurt Fresh cut fruit	Thai dessert Fresh cut fruit	Assorted ice cream Fresh cut fruit	Fresh cut fruit
<b>Everyday Items</b>	Assorted breads Steamed rice Boiled vegetables Potatoes	Assorted breads Steamed rice Boiled vegetables Potatoes	Assorted breads, Steamed rice, Green peas with tomato sauce & Potatoes	Assorted breads Steamed rice Boiled vegetables Potatoes	Assorted breads, Steamed rice, Grilled bell pepper with tomato sauce & Potatoes	Assorted breads Steamed rice Boiled vegetables Potatoes	Assorted breads Steamed rice Boiled vegetables Potatoes