

Lunch Menu for Little Ducks, Nursery, Reception, Y1-2

Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Western Dish	Mince pork Tomato Sauce	Northeastern grilled chicken thigh	Chicken potato carrot stew	Tomato Sauce	Ham and cheese sandwich
Asian Dish	Rooster	Clear soup with fish ball and vegetables	Deep fried bread fish chips	Deep fried chicken	Sweet Pork
Rice/Noodles/Potato	Fried rice with egg	Steamed rice	Steamed rice	Sticky rice	Steamed rice
Pasta	Plain pasta/Steamed rice	Jade Noodles	Plain pasta	Plain pasta	Pasta with tomato sauce
Vegetable	Fried Carrots with Butter	Stir fried 3 colour vegetable with Butter	Bean in tomato sauce	Stir fried bean sprout and carrots	Parmesan cauliflower
Dessert	Bakery (only year 1,2)	Fruit salad (only year 1,2)	Fruit yoghurt	Fruit salad (only year 1,2)	Assorted ice cream