

Lunch Menu Week 4 (Date 25- 28 February 2024)

	25-Sunday	26-Monday	27 -Tuesday	28-Wednesday	29-Thursday		
Special food	Gilled Ham Cheese Sandwich/ Hot/ ไส้กรอก	Nachos with Meat Sauce	Fried chicken wings with sticky rice/F	Mexican Spring Rolls with Chicken Ham	Steamed rice with chicken/BBQ Pork		
Asian GF	Fried Carrot Corn	Mixed vegetable stir-fried	Fried Carrot Corn	Stir Fried Mushrooms	Fried morning glory		
Asian Food	Chicken stewed with vegetables	Spicy Soup with Pork Ribs	fish with lemon	Tom Yum Sea Bass	Stir Fried Chicken with Yellow Curry Paste		
Asian GF	Clear Soup with Glass Noodles and Fish Tofu	Hang Le Chicken Curry	Pork and eggplant in coconut milk curry	Panang Chicken	Stir Fried Glass Noodle with Egg		
Western GF	Grilled Butter Sauce	Grilled fish with tomato salsa	Grilled Paprika Chicken	Beef stewed	Classic Shepherd's Pie		
Pasta	Macaroni	Fettucine	Spaghetti	Fettucine	Penne		
Sauce	Tomato Sauce	Cabonara	Tomato Sauce	Beef bolognese	Cabonara		
Potato	Sauteed potato with garlic	Potato with Onion	Mashed potatoes	Wedge potato	Potato with lemon		
Vegan /HOT	Boiled vegetables	Boiled vegetables	Peas with tomato sauce	Boiled vegetables	Eggplant with Tomato Sauce		
Vegan/THAI	Tofu Panang Curry	Indian curry with white tofu	Mixed Vegetable Curry and Tofu	Tofu Fruit Curry	Vegetable curry		
Rice	Steamed rice	Steamed rice	Steamed rice	Steamed rice	Steamed rice		
Rice	Riceberry	Riceberry	Riceberry	Riceberry	Riceberry		

Salad Bar with Dressing /Fresh Fruits in Season
มื้อเย็น Dinner Menu Week 4 (Date 25- 2February 2024)

	25-Sunday		27 -Tuesday	28-Wednesday	29-Thursday		
Special	Crab Fried Rice/Fried Egg	Noodle Roasted Duck	German pork leg	Khanom Jeen with liquid/green curry/side dish	Margarita Pizza		
Asian GF	Stir Fried Culiflower & carrot	Eringii Mushroom	Stir fried morning glory with soybean	Chinese kale with Shitake Mushroom	Stir Fried garden beans with oyster sauce		
Asian Food	Seafood Tom Yum Creamy Soup	Fried chicken with red gravy sauce	Beef with black pepper	Fried Pork Ribs with Garlic	Stir Fried Squid with Curry Powder		
Asian Food	Garlic Fried Fish	Exploding shrimp	Chicken fried cho	Stir-fried seafood with chilli paste	Beef Panang		
Vegetarian	Zucchini fried butter	Grilled Tomatoes	Mushroom Soup	Grilled mixed vegetable topped with tomato sauce	Spinach quiche		
Chicken GF	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast		
Pasta	Fettucine with Garlic and chili with Chicken Sausage	Pasta Tomato Sauce	Fettucine with Garlic and chili with Bacon	Pasta Tomato Sauce	Beef bolognese		
Potato	มันฝรั่งอบ/Baked Potatoes	Fried potato with Onion	Roasted Potatoes	Fried potato with Onion	Sauteed potato with garlic		
Vegan/Thai	Tofu Mushroom Tom Yum	Yellow Fruit Curry	Stir Fried Tofu with Chili	Vegetable green curry	Stir fried tofu with garlic		
Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice		
Rice	Riceberry	Riceberry	Riceberry	Riceberry	Riceberry		

Salad Bar with Dressing /Fresh Fruits in Season

รายการอาหารอาจมีการเปลี่ยนแปลงได้ตามความเหมาะสม/Menu changes may be appropriate because order material into available

Chicken - Red	Beef, Lamb - Brown	Duck - Orange	Pork - Pink	Seafood - Blue	Vegetable- Green	GF = Gluten Free meal
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*** Calories (Kcal) / 1 serving size คำสั่งงาน (Kcal) ต่อ 1 หน่วยบริโภค***