## Dinner Men Menu Week 5 ( Date 24- 31 March 2024)

24-Sunday	25-Monday	26-Tuesday	27-Wednesday	28-Thursday	29-Friday	30-Saturday
Crab Fried Rice/Fried Egg	Omelet/minced pork/chicken/shrimp/show	Spicy Wing Chicken	Sushi 3 Kinds with Condiments	Margarita Pizza	Bouncy pork noodles	/Pork/Chicken Hotdog
Stir fried morning glory with soybean	Stir Fried Culifliwer & carrot	Stir Fried Pork with Soy Sauce	/Stir-fried Asparagus	Sauteed Bell Peppers	Fried Carrot Corn	Stir Fried Mushrooms
Lemon Pork	Grilled Beef with Spicy Dipping Sauce	Stir-fried pork with fresh chili	Chicken Panang Curry	Chicken Green Curry Fried Rice	Deep fried fish	Dried Suki with Seafood
Tomato Cheese	Onion ring	Mushroom Soup	Seaweed Wakame clear soup	Grilled Pumpkin with Tomato Sauce	Corn On the Cop	Broccoli with Butter
Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast
Beef bolognese	Fettucine with Garlic and chili with Chicken Sausage	Pasta Tomato Sauce	Tuna Pasta with Garlic and Pepper	Pasta Tomato Sauce	Fettucine with Garlic and chili with Bacan	Pasta Tomato Sauce
Sauteed potato with Rosemary	Wedged Potatoes	Mashed potato	Fried Sweed potato	Fried potatoes, bell peppers	French Fried	Spicy Wedges
Tofu Panang Curry	Steamed Rice	Mixed Vegetable Curry and Tofu	Stir Fried Eggplant with Basil Tofu	Chana Masala	/Yellow Fruit Curry	Tofu Mushroom Tom Yum
Steamed Rice	Riceberry	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice
Riceberry	ไรซ์เบอรี่ Riceberry	Riceberry	Riceberry	Riceberry	Riceberry	Riceberry
			ar with Dressing /Fresh Fruits in S หมาะสม/Menu changes may be approp		voilable	

Chicken - RedBeef, Lamb - BrownDuck - OrangePork - PinkSeafood - BlueVegetable- GreenGF = Gluten Free meal\*\*\* Calories (Kcal) / 1 serving size ค่าพลังงาน (Kcal) ต่อ 1 หน่วยบริโภค\*\*\*