

Little Ducks, Nursery, Reception, Y1-2

Lunch Menu Week 1

1 March 2024

					1
					Friday
International Dish					Ham & cheese sandwich
Thai Dish					Sweet chicken
Rice					Steamed rice/Riceberry
Pasta					Pasta with tomato sauce
Vegetable					Stir fried morning glory
Dessert					Assorted ice cream

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Lunch Menu Week 2

4 - 8 March 2024

	4	5	6	7	8
	Monday	Tuesday	Wednesday	Thursday	Friday
International Dish	Fish finger	Tomato sauce	Chicken in BBQ. sauce	Chicken ham pizza	Chicken in BBQ. sauce
Thai Dish	Thai stewed chicken & tofu	Deep fried chicken	Thai omelette	Chicken with teriyaki sauce	Miso soup
Rice/Potato	Steamed rice/Riceberry	Fried rice with egg	Steamed rice/Riceberry	Steamed rice/Riceberry	Steamed rice/Riceberry
Pasta	Pasta with tomato sauce	Plain pasta	Plain pasta	Pasta with tomato sauce	Plain pasta
Vegetable	Baked spinach with cheese	Corn with butter	Stir fried mushroom & carrot	Stir fried cucumber with egg	Hash browns
Dessert	Bakery (only year 1,2)	Fruit salad (only year 1,2)	Fruit yoghurt	Fruit salad (only year 1,2)	Assorted ice cream

Menu changed may be appropriate

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Lunch Menu Week 3

11-15 March 2024

	11	12	13	14	15
	Monday	Tuesday	Wednesday	Thursday	Friday
International Dish	Chicken stew	Beef bolognese sauce	Chicken ham & cheese sandwich	Tomato sauce	Beef stew
Thai Dish	Chicken Nugget	Deep fried vegetable's spring roll	Egg tofu and shrimp with vegetable clear soup	Deep fried chicken	Deep fried chicken meat rolls
Rice/Potato	Steamed rice/Riceberry	Steamed rice/Riceberry	Steamed rice/Riceberry	Sticky rice	Fried rice with egg
Pasta	Plain pasta	Plain pasta	Pasta with tomato sauce	Plain pasta	Plain pasta
Vegetable	Stir fried pumpkin with egg	Parmesan cauliflower	Stir fried morning glory	Stir fried mushroom	Mashed potato
Dessert	Bakery (only year 1,2)	Fruit salad (only year 1,2)	Fruit yoghurt	Fruit salad (only year 1,2)	Assorted ice cream

Menu changed may be appropriate

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Lunch Menu Week 4

18-22 March 2024

	18	19	20	21	22
	Monday	Tuesday	Wednesday	Thursday	Friday
International Dish	Chicken bolognese sauce	Mushroom & chicken ham cream sauce	Beef bolognese sauce	Chicken sausage pizza	Chicken in BBQ. sauce
Thai Dish	Thai stewed pork & tofu	Fish finger	Fried chicken sauce	Minced chicken & vegetable clear soup	Thai omelette
Rice/Noodles/Potato	Steamed rice/Riceberry	Steamed rice/Riceberry	Fried rice with egg	Steamed rice/Riceberry	Steamed rice/Riceberry
Pasta	Plain pasta	Plain pasta	Plain pasta	Pasta with pesto sauce	Plain pasta
Vegetable	Corn with butter	Stir fried vegetable with egg	Stir fired broccoli with butter	Stir fried cucumber with egg	Stir fried tomato
Dessert	Bakery (only year 1,2)	Fruit salad (only year 1,2)	Fruit yoghurt	Fruit salad (only year 1,2)	Assorted ice cream

Menu changed may be appropriate

	25	26	27	28	29
	Monday	Tuesday	Wednesday	Thursday	Friday
International Dish	Beef bolognese sauce	Grilled chicken	Chicken stew	Tomato sauce	Chicken ham & cheese sandwiches
Thai Dish	Prawn cake bomb	Fish ball & vegetable clear soup	Breaded fish chips	Fried chicken	Sweet chicken
Rice/Potato	Fried rice with egg	Steamed rice/Riceberry	Steamed rice	Sticky rice	Steamed rice/Riceberry
Pasta	Plain pasta	Green noodle	Plain pasta	Plain pasta	Pasta with tomato sauce
Vegetable	Carrot fried butter	Hash browns	Stir fried mushroom	Parmesan cauliflower	Stir fried morning glory
Dessert	Bakery (only year 1,2)	Fruit salad (only year 1,2)	Fruit yoghurt	Fruit salad (only year 1,2)	Assorted ice cream

Menu changed may be appropriate