



British
International School, Phuket

From Ducks to Nursery

Understanding the next step in your
child's educational journey

What can you be doing now to help prepare your child?

- Find opportunities to leave your child in the care of others to practise saying 'Goodbye'
- Encourage independence (putting shoes on, helping to get dressed, carrying their own bag, feeding themselves)
- Talk about school, teachers and friends from last year
- Arrange playdays and social interactions
- Provide opportunities for children to practise transitions at home
- Establish healthy sleep routines
- Toilet routines





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Nursery Red
Mr. Neil



Nursery Blue
Ms. Katie



Nursery Yellow
Mr. Ed



Ms. Mam

Ms. Kwan

Ms. Jit

Ms. Pla

Ms. Jam

Ms. Georgia
(intern)

Early Years Foundation Stage

tells us what children should be doing at this stage of their development



understanding the world



expressive art and design



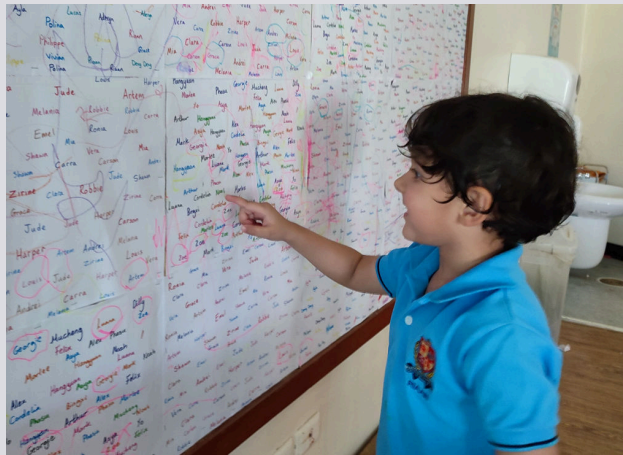
physical development



Play-based learning



mathematics



literacy



communication and language



Play-based learning

Personal, Social and Emotional Development



Nursery Curricular Goals

Please take a copy!

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Nursery Curricular Goals

By the end of Nursery, children will be able to






- Communication and Language**
 - **Listen** to longer stories and increasing attention
 - **Understand** simple instructions and who, what and why questions
 - **Express** points of view with words and actions
 - **Start** a conversation with friends and adults
- Personal, Social & Emotional Development**
 - **Select** and use activities and resources to achieve a goal
 - **Play** with other children extending play ideas
 - **Resolve** conflicts with talk. Some support may be needed
 - **Understand** own emotions
 - **Independent** in meeting own basic care needs: toilet, washing/drying hands, putting on and taking off shoes
- Physical Development**
 - **Begin** to show control whilst using one-handed tools, scissors, pen/pencil
 - **Enjoy** mark-making activities
 - **Form** the initial letter of their name
 - **Be confident** and controlled with large, gross motor movements
- Literacy**
 - **Retell** favourite stories with props and pictures
 - **Handle** books with care
 - **Understand** print has meaning
 - **Develop** phonological awareness through phase 1 phonics
- Mathematics**
 - **Count** in rote up to 10
 - **Subitise** to 3
 - **Compare** size, weight and capacity
 - **Spot** simple mistakes in patterns
 - **Describe** simple events with language of time
- Understanding the World**
 - **Investigate** materials with their 5 senses
 - **Develop** positive attitudes about differences in people
 - **Respect** the natural environment and all living things
- Expressive Arts & Design**
 - **Sing** rhymes and familiar songs
 - **Play** instruments and make a steady beat
 - **Explore** colour mixing
 - **Use** a range of materials to create
 - **Engage** in imaginative role play

A typical weekly schedule

Nursery E Specialist Timetable

Monday	
Tuesday	Swimming  Please pack your child's swimsuit or wear under uniform
Wednesday	
Thursday	
Friday	Library  Please return your child's library book

Nursery Red Specialist Timetable

Monday	Swimming  Please pack your child's swimsuit or wear under uniform		
Tuesday		PE 	
Wednesday	Library  Please return your child's library book		Music 
Thursday		PE 	
Friday			

Specialist lessons - **Swimming**



- *building water confidence*
- *1 time per week*
- *option to come dressed in swimsuits on swimming day*



Specialist lessons - PE



- *PE teachers in the EY environment*
- *class lesson when children are ready*
- *bring trainers in child's bag*



Specialist lessons - Library



- *1 time per week, children have the option to visit the Library*
- *Return book on the morning of your child's Library day*
- *Dress up days*



Specialist lessons - Music



- *Music teachers will be in the environment 3 times per week*
- *Small group work when children are ready*
- *Special performances*



Adult-led Group times



Independent eating and self care



A typical daily schedule

- 5 days a week
- 7:50 am - 2:15 pm

- **Settling**

1st Week of Term (19th - 23rd August):

The school day ends at 12:15pm for all children.

2nd Week of Term (26th - 30th August):

The school day ends at 2:15pm for children that are settled.

Sleep and nap time

- **Sleep options**
 - *Independent sleepers can join the Little Ducks and Nursery Sleep Room*
 - *Children that cannot settle in the sleep room are collected at 12:15pm*

Term 1 - sleep room is available for independent sleepers or 'self-settling children'

Term 2 - sleep is phased out

Term 3 - sleep should stop or continue at home

Please take an information sheet at the end of this presentation



British International School, Phuket | **Asian Studies Institute**

BISP Little Ducks & Nursery Sleep Room

Nursery-aged children need 8-14 hours of sleep per day for healthy growth and development.

At BISP Little Ducks and Nursery, we provide a cozy sleep room to help your child get the rest they need.

How much sleep does your child need? www.KinderSleep.com

Age Group	Recommended Sleep Hours
NEWBORN (0-2 months)	11-18 hours
INFANT (3-11 months)	10-18 hours
TODDLER (1-2 years)	9-16 hours
PRE-SCHOOL (3-5 years)	8-14 hours
SCHOOL AGE (6-12 years)	7-12 hours
TEEN (13-17 years)	7-11 hours

*Excludes naps which are normal in these age ranges. Source: National Sleep Foundation

Term 1:

- Children who can 'self-settle' are welcome to nap from 12:00 pm until 1:30 pm each day.
- Children are assisted to use the bathroom prior to sleeping, and to find their beds.
- Parents should send a blanket, pillow, and comforting teddy or toy on a Monday morning, taking them home on Friday to be laundered.
- If children require support to fall asleep, they should go home to nap. An earlier finish time can be agreed with your classroom teacher.

Term 2:

- Children who nap at school will be encouraged to gradually reduce their nap over this term.

Term 3:

- The sleep room will be prioritised for younger children in Little Ducks, with Nursery children expected to be involved in a full-day program of activities from 7:55 am to 2:15 pm.

Children must wear BISP school uniform

- Blue polo shirt and shorts are available from the school shop. Batik dress is optional for girls (avoid on PE days).
- Wear covered toe footwear every day
- Trainers for PE in school bag
- Hat for outside play
- Drinking bottles
- Spare uniform
- Please label all items



How to help us and your child

- No toys from home
- No food from home
- Avoid bringing expensive items into school
- Please arrive to school on time in the morning and at the end of the school day
- Doctors notes are required if children will miss swimming
- Keep everyone safe and healthy by checking with the school nurse if you think your child is unwell

Transition so far...



We are really looking forward to welcoming you back to school in August.

Please feel free to email us any questions, and inform about your preference for sleeping at school :

Neil Griffith: ngriffith@bisphuket.ac.th

Lindsay LaMantia: llamantia@bisphuket.ac.th

David Hyde: dhyde@bisphuket.ac.th



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Welcome to Nurse