## Lunch Menu (Date 08 - 14 June 2025)

| 08-Sunday   | 09-Monday                                | 10-Tuesday                                   | 11-Wednesday  | 12-Thursday                        | 13-Friday                                    | 14-Saturday                                    |
|---|--|--|---|------------------------------------|--|--|
| Ham and Cheese<br>Sandwich  | Mexican Spring Rolls with<br>Chicken Ham | Chicken Khao Soi and Side<br>Dishes          | Grilled salmon with teriyaki<br>sauce/garlic fried rice/side dishes | Fried chicken with sticky<br>rice  | Ham and Cheese Pizza and<br>Margherita Pizza | Roasted Chicken Rice with Red<br>Pork and Soup |
| Fried Cucumber with Egg   | Broccoli Carrot                          | Stir fried morning glory with soybean        | Fried white cabbage   | Stir-friedYam Bean with eggs       | mixed vegetable stire-fried                  | Fried Carrot Corn                              |
| Fried fish with tamarind sauce  | Phuket Hong Pork                         | Stewed Chicken with<br>Morning Glory         | Fried chicken with red sauce  | Minced Chicken and<br>Seaweed Soup | Boiled pickled cabbage<br>with pork          | Sausage stir-fried                             |
| Chicken Massaman Curry  | Sour curry with sea bass and pineapple   | Stir-fried pork with onions and basil leaves | Beef and Eggplant Curry   | Stir-fried Pork with Holy Basil    | Chicken curry with green pumpkin             | Green Chicken Curry                            |
| Beef with pepper sauce  | Grilled Chicken with<br>Paprika          | Grilled Fish with BBQ Sauce                  | BBQ Stewed Chicken  | Beef stewed                        | Butter Roasted Chicken                       | Chicken Tikka                                  |
| ET Farfalle   | Gnoccghi                                 | Spaghetti                                    | Linguine  | Penne                              | Macaroni                                     | Fettucine                                      |
| Tomato Sauce  | Cabonara                                 | Beef bolognese                               | Pasto Sauce   | Chicken Alfredo Fettuccini         | Tomato Sauce                                 | Beef bolognese                                 |
| Optato french fries   | Baked Potatoes                           | Sweet potato                                 | french fries  | Fried potatoes with fried shallots | Wedged Potatoes                              | Potato with Onion                              |
| Modulus Boiled vegetables   | Boiled vegetables                        | Baked Beans in Tomato Sauce                  | Boiled vegetables   | Tomato soup                        | Boiled vegetables                            | Boiled vegetables                              |
| Boiled vegetables  Boiled vegetables  Stir Fried Tofu with Chili  Steamed rice  Riceberry | Stir-fried vegetarian yellow noodles     | Massaman Curry with Tofu                     | Tofu Mushroom Tom Yum   | Chana Masala                       | Vegetarian stir-fried<br>noodles             | Panang Curry                                   |
| Steamed rice  | Steamed rice                             | Steamed rice                                 | Fried rice with egg   | Steamed rice                       | Fried rice with egg                          | Steamed rice                                   |
| Riceberry   | Riceberry                                | Riceberry                                    | Riceberry   | Riceberry                          | Riceberry                                    | Riceberry                                      |

Salad Bar with Dressing /Fresh Fruits in Season

| 00 0   | 00 W1  |   | ner Menu (Date 08 - 14 June 2025)  | 40 ml                            | 40 P-11   | 44.6-1                                   |
|--|--|---|--|----------------------------------|---|--|
| 08-Sunday  | 09-Monday  | 10-Tuesday  | 11-Wednesday   | 12-Thursday                      | 13-Friday   | 14-Saturday                              |
| Fried rice with egg/fried<br>egg/fried pork with<br>garlic/chicken | Pad Thai with<br>shrimp/chicken/egg                  | GrilledSeabass with teriyaki<br>sauce/garlic fried rice/side dishes | Nasi Goreng Fried<br>Rice/Chicken/Pork Satay/Shrimp<br>Crackers/Soup     | Beef/Chicken Nachos              | Fried rice with shrimp<br>paste/sweet chicken/sweet<br>pork | Beef/Chicken Burger                      |
| Four Kind of Vegetables in<br>Chinese Gravy Sauce                  | Stir Fried Culifliwer                                | Stir Fried garden beans with oyster sauce                           | Fried Carrot Corn  | Fried Mushrooms                  | Stir Fried Kale   | Stir-fried Asparagus                     |
| Stir-fried fish with celery  | Clear soup with glass noodles, minced pork and tofu  | Sweet Pork  | Stir-fried fish with celery  | Fried Chicken Rolls              | ว/Grilled Chicken with<br>Nam Jim Jaew Sauce                | Chicken nuggets                          |
| Shrimp Pad See Ew<br>Noodles                                       | Bacon Wrapped Sausages                               | Stir-fried shrimp with curry paste and basil leaves                 | Stir-fried instant noodles<br>with minced chicken                        | Grilled pork with nam jaew sauce | Steamed eggs with crab<br>sticks/minced chicken             | Baked Beef with Vegetable                |
| Onion ring   | Mushroom Soup  | Spinach Mashed Potatoes with<br>Cheese                              | Tomato Cheese  | Seaweed Wakame clear soup        | Grilled cauliflower<br>Parmigiana                           | Boiled Vegetables Stir-fried with Butter |
| Grilled chicken breast   | Grilled chicken breast                               | Grilled chicken breast  | Grilled chicken breast   | Grilled chicken breast           | Grilled chicken breast                                      | Grilled chicken breast                   |
| Beef bolognese   | Fettucine with Garlic and chill with Chicken Sausage | Pasta Tomato Sauce  | Chicken Alfredo Fettuccini   | Pasta Tomato Sauce               | พาสต้าผัดพริกกระเทียมใส่เบคอน                               | Pasta Tomato Sauce                       |
| Sauteed potato with<br>Rosemary                                    | Wedged Potatoes                                      | French Fried  | Spicy Wedges   | Mashed potato                    | Fried potatoes, bell peppers                                | French Fried                             |
| Tofu Panang Curry  | Indian curry with white tofu                         | Salad roll  | Stir fried rice noodles  | Deep fried corn cake             | Vegetarian tofu stew  | Vegetable curry                          |
| Steamed Rice   | Steamed Rice   | Steamed Rice  | Steamed Rice   | Steamed Rice                     | Steamed Rice  | Steamed Rice                             |
| Riceberry  | Riceberry  | Riceberry   | Riceberry  | Riceberry                        | Riceberry   | Riceberry                                |
|  |  | Salad B   | ar with Dressing /Fresh Fruits in S<br>หมาะสม/Menu changes may be approp | Season                           | milable   |  |
| Chicken - Red  | รายการอา<br>Beef, Lamb - Brown                       | พารอาจมการเบลยนแบลงเดตามความเ<br>Duck - Orange                      | พมาะสม/Menu changes may be approp<br>Pork - Pink                         | Seafood - Blue                   | Vegetable- Green  | GF = Gluten Free meal                    |
|  |  |   | ) / 1 serving size ค่าพลังงาน (Kcal) ต่อ                                 |                                  | 1 -8  |  |