

08-Sunday		09-Monday		10-Tuesday		11-Wednesday		12-Thursday		13-Friday		14-Saturday	
Special food	Ham and Cheese Sandwich	Mexican Spring Rolls with Chicken Ham	Chicken Khao Soi and Side Dishes	Grilled salmon with teriyaki sauce/garlic fried rice/side dishes	Fried chicken with sticky rice	Ham and Cheese Pizza and Margherita Pizza	Roasted Chicken Rice with Red Pork and Soup						
	Fried Cucumber with Egg	Broccoli Carrot	Stir fried morning glory with soybean	Fried white cabbage	Stir-friedYam Bean with eggs	mixed vegetable stire-fried	Fried Carrot Corn						
Asian GF	Fried fish with tamarind sauce	Phuket Hong Pork	Stewed Chicken with Morning Glory	Fried chicken with red sauce	Minced Chicken and Seaweed Soup	Boiled pickled cabbage with pork	Sausage stir-fried						
	Chicken Massaman Curry	Sour curry with sea bass and pineapple	Stir-fried pork with onions and basil leaves	Beef and Eggplant Curry	Stir-fried Pork with Holy Basil	Chicken curry with green pumpkin	Green Chicken Curry						
Western GF	Beef with pepper sauce	Grilled Chicken with Paprika	Grilled Fish with BBQ Sauce	BBQ Stewed Chicken	Beef stewed	Butter Roasted Chicken	Chicken Tikka						
	Farfalle	Gnocchi	Spaghetti	Linguine	Penne	Macaroni	Fettucine						
Pasta	Tomato Sauce	Cabonara	Beef bolognese	Pasto Sauce	Chicken Alfredo Fettuccini	Tomato Sauce	Beef bolognese						
Sauce	french fries	Baked Potatoes	Sweet potato	french fries	Fried potatoes with fried shallots	Wedged Potatoes	Potato with Onion						
Potato	Boiled vegetables	Boiled vegetables	Baked Beans in Tomato Sauce	Boiled vegetables	Tomato soup	Boiled vegetables	Boiled vegetables						
Vegan/HOT	Stir Fried Tofu with Chili	Stir-fried vegetarian yellow noodles	Massaman Curry with Tofu	Tofu Mushroom Tom Yum	Chana Masala	Vegetarian stir-fried noodles	Panang Curry						
Vegan/THAI	Steamed rice	Steamed rice	Steamed rice	Fried rice with egg	Steamed rice	Fried rice with egg	Steamed rice						
Rice	Riceberry	Riceberry	Riceberry	Riceberry	Riceberry	Riceberry	Riceberry						
Salad Bar with Dressing /Fresh Fruits in Season													

[illegible]

Chicken - Red	Beef, Lamb - Brown	Duck - Orange	Pork - Pink	Seafood - Blue	Vegetable- Green	GF = Gluten Free meal
*** Calories (Kcal) / 1 serving size ค่าพลังงาน (Kcal) ต่อ 1 หน่วยบริโภค***						