

|              | 15-Sunday                     | 16-Monday   | 17-Tuesday   | 18-Wednesday                        | 19-Thursday                          | 20-Friday                                  |                                    |
|--------------|-------------------------------|---|--|-------------------------------------|--------------------------------------|--|------------------------------------|
| Special food | Fried Shrimp Cake             | Korean fried chicken                                | steamed rice topped with chicken                           | Fish and chip                       | Yellow noodles with red pork         | Tandoori Grilled ChickenSaffron Fried Rice | School is closed for the semester. |
| Asian GF     | Stir-fried Asparagus          | Stir Fried Cabbage                                  | Stir Fried Kale  | mixed vegetable stire-fried         | Fried Cucumber with Egg              | Fried white cabbage                        |                                    |
| Asian Food   | Pork Panang Curry             | Sea bass panang curry                               | Spicy minced chicken instant noodles salad                 | Chicken Massaman Curry              | Steamed Chicken with Soy Sauce       | Steamed sea bass with lemon                |                                    |
|              | Baked Chicken with Vegetables | Clear soup with glass noodles, minced pork and tofu | Stir-fried fish with fermented soybeans                    | Stewed Eggs with Tofu               | Fried Chicken Dumplings              | Stir-fried Chicken with Cashew Nuts        |                                    |
| Western GF   | Grilled Chicken with Mustard  | Chicken Tikka                                       | Stir-fried beef with paprika and tri-colored chili peppers | Grilled Chicken with Paprika        | Grilled Chicken with Mustard         | Beef stewed                                |                                    |
| Pasta        | Gnoccghi                      | Spaghetti   | Farfalle   | Fettucine                           | Spaghetti                            | Linguine                                   |                                    |
| Sauce        | Tomato Sauce                  | Chicken Ham Mushroom Cream Sauce                    | Pasto Sauce  | Beef bolognese                      | Cabonara                             | Tomato Sauce                               |                                    |
| Potato       | Roasted Sweed potato          | Mashed potatoes                                     | Potato fried with butter                                   | french fries                        | Fried potatoes with fried shallots   | Wegded Potatoes                            |                                    |
| Vegan/HOT    | Boiled vegetables             | Green Peas  | Vegetable Lasagna  | Grilled Vegetables                  | Mushroom soup                        | Boiled vegetables                          |                                    |
| Vegan/THAI   | Stir Fried Basil with Protein | Stir-fried Jade Noodles with Garlic                 | Stir fried tofu with garlic                                | Stir Fried Eggplant with Basil Tofu | Stir-fried vegetarian yellow noodles | Chana Masala                               |                                    |
| Rice         | Steamed rice                  | Fried rice with egg                                 | Steamed rice   | Fried rice with egg                 | Steamed rice                         | Steamed rice                               |                                    |
| Rice         | Riceberry                     | Riceberry   | Riceberry  | Riceberry                           | Riceberry                            | Riceberry                                  |                                    |

[illegible]

|   |                    |               |             |                |                  |                       |
|---|--------------------|---------------|-------------|----------------|------------------|-----------------------|
| Chicken - Red   | Beef, Lamb - Brown | Duck - Orange | Pork - Pink | Seafood - Blue | Vegetable- Green | GF = Gluten Free meal |
| *** Calories (Kcal) / 1 serving size ค่าพลังงาน (Kcal) ต่อ 1 หน่วยบริโภค*** |                    |               |             |                |                  |                       |