

Special food						01-Thursday	02-Friday	03-Saturday
						Noodles with Pork in Gravy Sauce (Rad-Na Moo /kai	Grilled Sea bass with teriyaki sauce/garlic fried rice/side dishes	Beef/Chicken Lasagna
Asian GF						Stir Fried Mushrooms	Fried white cabbage	Stir Fried garden beans with oyster sauce
Asian Food						Chicken Panang Curry	Chicken Massaman Curry	Spicy minced chicken instant noodles salad
						Steamed sea bass with soy sauce	Beef Korma	Thai Omelette
Western GF						Beef stewed	Grilled Chicken Legs	Chicken Tikka
Pasta						Spaghetti	Linguine	Farfalle
Sauce						Tomato Sauce	Cabonara	Chicken Ham Mushroom Cream Sauce
Potato						Sweet potato	french fries	French Fried
Vegan/HOT						Pumpkin soup	Boiled vegetables	Fried Tofu with Japanese Sauce
Vegan/THAI						Mixed Vegetable Curry and Tofu	Pav Bhaji	Stir fried tofu with garlic
Rice						Steamed rice	Vegetable fried rice	Steamed Rice
Rice						Riceberry	Riceberry	Riceberry

					01-Thursday	02-Friday	03-Saturday	
Special					Pork Chop with Gravy Sauce	Nasi Goreng Fried Rice/Chicken/Pork Satay/Shrimp Crackers/Soup	Fried rice with egg/fried egg/fried pork with garlic/chicken	
Asian GF					Stir-fried broccoli with carrots	Stir fried morning glory with soybean	Four Kind of Vegetables in Chinese Gravy Sauce	
Asian Food					Fried Chickenball	fried fish with celery	Tom Yum Sea Bass	
Vegetarian					Mushroom Risotto with Pesto/Seafood Risotto	Tomato Cheese	Onion ring	
Dicken GF					Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	
Pasta					Pasta Tomato Sauce	Tuna Pasta with Garlic and Pepper	Beef bolognese	
Potato					French Fried	Spicy Wedges	Sauteed potato with Rosemary	
Vegan/Thai					สลัดโรล Salad roll	ผัดหมี่โคราช Stir fried rice noodles	พริกแกงเผ็ด/Tofu Panang Curry	
Rice					Steamed Rice	Steamed Rice	Steamed Rice	
Rice					Riceberry	Riceberry	Riceberry	

รายการอาหารอาจมีการเปลี่ยนแปลงได้ตามความเหมาะสม/Menu changes may be appropriate because order material into available

GF = Gluten Free meal

*** Calories (Kcal) / 1 serving size ค่าพลังงาน (Kcal) ต่อ 1 หน่วยบริโภค***