

11-Sunday		12-Monday		13-Tuesday		14-Wednesday		15-Thursday		16-Friday		17-Saturday	
Special food	Spicy Wing Fried Chicken	Tandoori Grilled ChickenSaffron Fried Rice	Fried chicken with sticky rice	Mexican Spring Rolls with Chicken Ham	Udon noodles with pork/chicken	Grilled salmon with teriyaki sauce/garlic fried rice/side dishes		Chicken Biryani					
	Fried Cucumber with Egg	Broccoli Carrot	Stir fried morning glory with soybean	Stir-fried Orange Mushrooms	Stir-fried papaya with egg	vegetable stire-fried		Fried Carrot Corn					
Asian GF	weet and Sour Stir-fried Tofu with Fish Eggs	Fried fish with tamarind sauce	Stir-fried Asparagus with Shrimp	Steamed chicken with soy sauce	Beef and Eggplant Curry	Minced Chicken and Seaweed Soup		Pork Spareribs Spicy and Sour Soup with Tamarind Leaves					
	Eggs with Son-in-Law Sauce	Braised pork leg	Roasted Duck Curry	Pork Panang Curry	Stir-fried fish with ginger	Green Chicken Curry		Minced Chicken Salad					
Western GF	Beef with pepper sauce	Beef stewed	Grilled Fish with BBQ Sauce	Stir-fried beef with paprika and tri-colored chili peppers	Grilled Pork with Mild Pepper Sauce	Beef stewed		Grilled Chicken Legs					
	Farfalle	Gnoccghi	Spaghetti	Linguine	Penne	Macaroni		Fettucine					
Pasta Sauce	Tomato Sauce	Cabonara	Beef bolognese	Tomato Seafood	Chicken Ham Mushroom Cream Sauce	Pasto Sauce		Beef bolognese					
	french fries	Baked Potatoes	Sweet potato	Honey potato	Fried potatoes with fried shallots	Mashed potatoes		Potato with Onion					
Potato	Boiled vegetables	Boiled vegetables	Baked Beans in Tomato Sauce	Boiled vegetables	Tomato soup	Boiled vegetables		Boiled vegetables					
Vegan/HOT	Stir Fried Tofu with Chili	Stir-fried vegetarian yellow noodles	Massaman Curry with Tofu	Tofu Mushroom Tom Yum	Chana Masala	Vegetarian stir-fried noodles		Tofu Panang Curry					
	Steamed rice	Steamed rice	Fried rice with egg	Steamed rice	Steamed rice	Fried rice with egg		Steamed rice					
Rice	Riceberry	Riceberry	Riceberry	Riceberry	Riceberry	Riceberry		Riceberry					

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