

	15-Sunday	16-Monday	17-Tuesday	18-Wednesday	19-Thursday	20-Friday	
Special food	Fried Shrimp Cake	Korean fried chicken	steamed rice topped with chicken	Tandoori Grilled ChickenSaffron Fried Rice	Yellow noodles with red pork	Grilled salmon with teriyaki sauce/garlic fried rice/side dishes	School is closed for the semester.
Asian GF	Stir-fried Asparagus	Stir Fried Cabbage	Stir Fried Kale	mixed vegetable stire-fried	Fried Cucumber with Egg	Fried white cabbage	
Asian Food	Pork Panang Curry	Sea bass panang curry	Spicy minced chicken instant noodles salad	Steamed sea bass with lemon	Steamed Chicken with Soy Sauce	Chicken Massaman Curry	
	Baked Chicken with Vegetables	Clear soup with glass noodles, minced pork and tofu	Stir-fried fish with fermented soybeans	Stir-fried Chicken with Cashew Nuts	Fried Chicken Dumplings	Stewed Eggs with Tofu	
Western GF	Grilled Chicken with Mustard	Chicken Tikka	Stir-fried beef with paprika and tri-colored chili peppers	Grilled Chicken with Paprika	Grilled Chicken with Mustard	Beef stewed	
Pasta Sauce	Gnoccgghi	Spaghetti	Farfalle	Fettucine	Spaghetti	Linguine	
	Tomato Sauce	Chicken Ham Mushroom Cream Sauce	Pasto Sauce	Beef bolognese	Cabonara	Tomato Sauce	
Potato	Roasted Sweed potato	Mashed potatoes	Potato fried with butter	french fries	Fried potatoes with fried shallots	Wedged Potatoes	
Vegan/HOT	Boiled vegetables	Green Peas	Vegetable Lasagna	Grilled Vegetables	Mushroom soup	Boiled vegetables	
Vegan/THAI	Stir Fried Basil with Protein	Stir-fried Jade Noodles with Garlic	Stir fried tofu with garlic	Stir Fried Eggplant with Basil Tofu	Stir-fried vegetarian yellow noodles	Chana Masala	
Rice	Steamed rice	Fried rice with egg	Steamed rice	Steamed rice	Steamed rice	Fried rice with egg	
	Riceberry	Riceberry	Riceberry	Riceberry	Riceberry	Riceberry	

[illegible]

Chicken - Red	Beef, Lamb - Brown	Duck - Orange	Pork - Pink	Seafood - Blue	Vegetable- Green	GF = Gluten Free meal
*** Calories (Kcal) / 1 serving size ค่าพลังงาน (Kcal) ต่อ 1 หน่วยบริโภค***						