		Luna	h Maria Ostabar / Data 90, 05, 0005			
School break	20-Monday	21-Tuesday	th Menu October (Date 20 -25 2025) 22-Wednesday	23-Thursday	24-Friday	25-Saturday
Asian GF Special food	American fried rice/fried chicken/chicken sausage/fried egg	steamed rice topped with chicken	Fish and chip	Chicken Khao Soi and Side Dishes	Grilled sea bass with teriyaki sauce / garlic fried rice / side dishes	tewed Chicken Noodle Soup
Asian GF	Stir Fried Cabbage	Stir fried morning glory with soybean	mixed vegetable stire-fried	Fried vegetable	Fried white cabbage	Stir Fried Mushrooms
Asian Food	Stir-fried chicken sausage in red sauce	Fried Chicken Rolls	Chicken Massaman Curry	Grilled Chicken with Honey/Jaew Sauce	Chicken Panang Curry	Fried Chicken Dumplings
Asian	Minced pork and egg tofu clear soup	Beef and Eggplant Curry	Boiled pickled cabbage with pork	Steamed sea bass with soy sauce	Eggs with Son-in-Law Sauce	Phuket Hong Pork
Western GF	Chicken Tikka	Grilled Fish with BBQ Sauce	Beef stewed	Mustard Roast Pork	Grilled Chicken with Paprika	Plā ỳāng sxī ney manāw Grilled fish with lemon butter sauce
Pasta	Spaghetti	Spaghetti	Fettucine	Spaghetti	Linguine	Farfalle
Sauce	Cabonara	Pasto Sauce	Chicken Ham Mushroom Cream Sauce	Beef bolognese	Tomato Sauce	Chicken bolognese
Potato	Wedged Potatoes	Sweet potato	french fries	Fried potatoes with fried shallots	Mashed potatoes	Fried potatoes with fried shallots
Rice Rice Vegan/THAI Vegan/HOT Potato Sauce Pasta Western GF	Green Peas	Grilled cauliflower Parmigiana	Grilled Vegetables	Mushroom soup	Boiled vegetables	Boiled vegetables
Vедап/ТНА <u>І</u>	Vegetarian stir-fried noodles	Massaman Curry with Tofu	Stir Fried Eggplant with Basil Tofu	Stir-fried vegetarian yellow noodles	Chana Masala	Vegetable green curry
Rice	Steamed rice	Steamed rice	Fried rice with egg	Steamed rice	Steamed rice	Fried rice with egg
Rice	Riceberry	Riceberry	Riceberry	Riceberry	Riceberry	Riceberry
Salad Bar with Dressing /Fresh Fr	ruits in Season	Dinne	er Menu October (Date 20 -25 2025			
School break	20-Monday	21-Tuesday	22-Wednesday	23-Thursday	24-Friday	25-Saturday
Special	Chicken Biryani	Beef/Chicken Tacos	Sushi 3 Kinds with Condiments	Beef Lasagna/Spinach Lasagna/Chicken Lasagna	chicken/Pork/Fish Tofu Sukiyaki	Fried Breaded Chicken
Asian GF	Stir Fried Culifliwer	Stir Fried garden beans with oyster sauce	Four Kind of Vegetables in Chinese Gravy Sauce	Stir-fried Asparagus	Stir-fried morning glory with eggs	Stir Fried Kale

Dinner Menu October (Date 20 -25 2025)									
	School break	20-Monday	21-Tuesday	22-Wednesday	23-Thursday	24-Friday	25-Saturday		
Special		Chicken Biryani	Beef/Chicken Tacos	Sushi 3 Kinds with Condiments	Beef Lasagna/Spinach Lasagna/Chicken Lasagna	chicken/Pork/Fish Tofu Sukiyaki	Fried Breaded Chicken		
Asian GF		Stir Fried Culifliwer	Stir Fried garden beans with oyster sauce	Four Kind of Vegetables in Chinese Gravy Sauce	Stir-fried Asparagus	Stir-fried morning glory with eggs	Stir Fried Kale		
n Food		Plā thiphÿ	spicy prawn soup	Roasted Pork with Vegetables	Fried Chicken Nuggets	Steamed chicken with soy sauce	Grilled Chicken with Nam Jim Jaew Sauce		
Asia		Fried vegetable spring rolls	omelet	Chicken Gyoza	Fried pork with garlic and pepper	Neŷx phạd kratheīym	Steamed eggs with crab sticks/minced chicken		
Vegetarian Vegetarian		Spinach and Cheese Bake	Tomato Cheese	Grilled cauliflower Parmigiana	Mushroom Risotto with Pesto/Seafood Risotto	Baked Corn Cheese Mashed Potatoes	White beans in tomato sauce		
Chicken GF		Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast		
Pasta		Beef bolognese/พาสต้าผัด ชอสเนื้อ	Pasta Tomato Sauce	Fettucine with Garlic and chili with Bacan/พาสต้าผัดพริกกระเทียม ใส่เบคอน	Pasta Tomato Sauce	Fettucine with Garlic and chili with Chicken Sausage	Pasta Tomato Sauce		
Potato		Wedged potato	French Fried	Fried potato with Onion	Wedged potato	Sauteed potato with garlic	French Fried		
Vegan/Thai		Stir fried tofu with pepper & bell pepper	Deep fried corn cake	Vegetable green curry	Stir-fried vegetarian yellow noodles	Vegetarian tofu stew	Stir fried tofu with garlic		
Rice		Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice		
Rice		Riceberry	Riceberry	Riceberry	Riceberry	Riceberry	Riceberry		